

## cultures

take-out + catering menus



## Eat better Meet better

cultures catering makes it easy to order fresh food for your group



# SANDWICH and SALAD BUNDLE

serves 10

#### choice of 10 wrap or ciabatta sandwiches

- chicken + avocado
- turkey + brie
- chicken + hummus
- chicken + goat cheese
- power plant burrito

### **choice of 1** marketplace salad

- garden salad
- caesar
- greek
- fruit salad
- bowtie pasta
- corn + edamame salad
- fusilli pasta

#### 1 garden salad, choice of dressing

- balsamic vinaigrette
- caesar
- greek feta
- asian sesame
- honey dijon
- buttermilk ranch

serves 10

#### choice of 10 mini bowls

- southwest
- tokyo
- california

#### choice of a snack

- banana bread
- · lemon poppyseed loaf
- miss vickies original chips

## VEGGIE PLATTER

assorted raw veggies + buttermilk ranch dip

sliced ciabatta + red pepper hummus

# GRAB and GO GO GO BUNDLE

minimum 10 orders individually packed

per order

#### choice of 1 wrap or ciabatta sandwich

- chicken + avocado
- turkey + brie
- chicken + hummus
- chicken + goat cheese
- power plant burrito

#### 1 garden salad, choice of dressing

- balsamic vinaigrette
- caesar
- greek feta
- · asian sesame
- honey dijon
- buttermilk ranch

#### choice of a snack

- banana bread
- · lemon poppyseed loaf
- · miss vickies original chips

#### bottled water (1)



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## Grain BOWLS

served on warm brown rice & quinoa

choice of : chicken add 80 Cals

- v tempeh add 150 Cals
- v quinoa bites add 190 Cals

#### southwest o

avocado, cheddar, cherry tomato, corn, roasted sweet potato, cilantro, chipotle sauce 770 Cals

#### tokyo 🔊

edamame, mango, red cabbage, shredded carrot, Asian sesame dressing 680 Cals

#### california o

egg, avocado, cherry tomato, shredded carrot, chipotle sauce 690 Cals

## Mighty SALADS

choice of:

Pombo

- chicken add 80 Cals
- v tempeh add 150 Cals
- v quinoa bites add 190 Cals

#### oriental mango 🔻

almond, edamame, mango, red cabbage, red pepper, shredded carrot, spring mix, Asian sesame dressing 370 Cals

#### super greek o

feta cheese, black olive, cherry tomato, chickpea, cucumber, quinoa, spring mix, Greek feta dressing 370 Cals

#### california cobb o

egg, bacon, avocado, cherry tomato, shredded carrot, romaine, honey dijon dressing

## SANDWICH Lombos

choice of: ciabatta / wrap



go vegetarian substitute your protein to vegetarian substitute your protein to vegetarian substitute your protein to

#### chicken + avocado

grilled chicken breast, Swiss cheese, avocado, lettuce, tomato, jalapeño lime aioli 520-1160 Cals sandwich only 490-590 Cals

#### turkey + brie

turkey, brie cheese, green apple, lettuce, cranberry mayo 480-1080 Cals sandwich only 420-510 Cals

### chicken + hummus

grilled chicken breast, cucumber, red pepper, tomato, alfalfa sprout, red pepper hummus 410-1020 Cals sandwich only 400-460 Cals

#### chicken + goat cheese

grilled chicken breast, roasted pepper, goat cheese, pesto 540-1170 Cals sandwich only 400-600 Cals

#### power plant burrito v

teriyaki quinoa bites or organic tempeh, brown rice & quinoa, cilantro, reg cabbage, shredded carrot, Sriracha, vegan mayo on a whole wheat wrap 790-1350 Cals

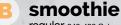
sandwich only 760-780 Cals

# **Combo** includes

#### A

#### water + 2 salads

bottled water + 2 half size salads 35-430 Cals



regular 240-400 Cals

water + soup

### **SMOOTHIES**

#### CLASSIC

Made with low-fat FRO-YO, non-fat milk

#### strawnana

strawberry, banana 260-340 Cals

#### green warrior

kale, avocado, pineapple 350-480 Cals

#### mango tango

mango, pineapple 270-370 Cals

#### very berry

raspberry, blueberry, strawberry 250-330 Cals

#### **VEGAN V**

Made with almond milk

#### strawberry dream •

strawberry, banana 260-340 Cals

#### green glow •

banana, kale, avocado 240-350 Cals

#### aloha w

banana, mango, pineapple 250-370 Cals

#### cocoa-nut v

banana, peanut butter, cocoa powder 290-400 Cals

## MARKETPLACE Salads

#### small

1 salad 30-450 Cals

#### medium

choice of 2 salads 70-860 Cals

#### large

choice of 3 salads

\*Menu and prices subject to change without notice.

